

JUST ARRIVE & FEEL GOOD

So Nice to See You!
In order to make your first stay at Obermain Therme a particularly pleasant one, we took all care to create this small brochure for you. Our “companion for your first visit” answers the most frequent questions and provides valuable tips for a thoroughly successful “day at the sea”. Enjoy it!

PAY & CHANGE CLOTHES

Saves Time and Money: Our Meerwert Card
Our Meerwert card does not only save you money but also keeps waiting times in the reception area (cashpoint) short thanks to direct access. It is even possible to issue a partner card. For further information, please ask our staff at the reception desk.

Admission Fee
Please pay the desired ticket fee at the reception desk or at the ticket machine next to the main entrance. After paying, you will receive an admission ticket with integrated chip. The time of entry is automatically registered as you pass through the turnstile.

Safe Deposit Boxes
are located in the entry area (long corridor) or to the left after passing through the turnstile.

Changing Area and Locker System
Choose a locker and insert the chip card into the lock on the inside of the locker door. After filling and closing the locker, the visual signal “green” appears. Now you can remove the chip wristband. Please take good care of it and do always wear it on your body.

Chip Wristband
Safe and convenient: You do not require any cash in the entire complex! Any prices for additional services (restaurant, bars, bistro and spa area or sauna surcharges) up to € 100.00 are booked onto your admission ticket via the chip wristband. At the information terminals, you can check the time you have spent and how many bookings you have made during your current visit – at any time. Please report the loss of your wristband or admission ticket immediately to the pool attendants. Please understand that in the event of loss, the maximum possible amount and the replacement costs for wristband / admission ticket will be due.

Already Leaving?
Before leaving the pool area, please exchange your chip wristband for your admission ticket in the locker. You can now pay for any additional services or any extended pool time at the ticket machines or directly at the reception desk.

Safety & Security
For your own safety and security, several pools in the ThermenMeer area as well as the changing lockers are monitored by video.

REVITALISE & RELAX

Strong Thermal Salt Water
The sum of dissolved minerals exceeds the minimum value for being recognised as healing water by almost a hundred times – the associated effect of salt and brine is enormous. We therefore recommend a maximum stay of 10 minutes when using the salt water pools and about 20 minutes for all other pools. Please allow for a rest afterwards.

AktivProgramm
Look forward to our AktivProgramm, the active programme of at least 15 free fitness and spa offers every day. Please find an overview with all dates and activities at the pool attendants' room at ThermenMeer.

Sauna Infusion Onpourings / “Aufguss”
An overview of all types and times of infusion onpourings at our sauna can be found at the information point directly next to the entrance to SaunaLand on the ground floor as well as all sauna rooms that offer infusion onpourings.

Spa & Beauty
In our spa area, you will find a huge selection of soothing spa and beauty treatments. You can book treatments for future visits in advance by simply calling +49 (0) 9573/9619-30 (Monday to Friday 8 a.m. to 4 p.m., Saturdays 10 a.m. to 2 p.m.).

Need Some Spa Treatment Right Now?
If you decide for a spa treatment only once you are here, on weekdays, please ask for available appointments at the registration desk at the Therapiezentrum. On weekends, our staff at VitaRestaurant will be happy to provide you with information about appointments and treatments that are available at short notice.

FOOD & DRINK

Eat, Drink & Be Merry
Feast to your heart's desire at VitaRestaurant, MeerBar, SaunaBar including PoolBar and Bistro. The amounts of money spent are conveniently booked onto your admission ticket via the chip wristband. You will certainly understand that the consumption of food and drinks you have brought along with you is not permitted. Within the framework of our hygiene protection regulation, our employees are obliged to check for and retain such food and drink.



LIVE & LET LIVE

Respect & Silence
Mutual respect as well as silence are the necessary ingredients of a relaxing stay. We therefore kindly ask you to avoid loud talking and noises at ThermenMeer and SaunaLand. At “Haus der Stille” (House of Silence) at SaunaLand, we ask for absolute silence.

Free Loungers
On some days, the desire for relaxation and rest is particularly great – and the relaxation areas are correspondingly busy. Please use the loungers only for the time of your relaxing and refrain from making so-called “reservations” using a bath towel. Please understand that “reserved” loungers are cleared by our staff.

Photos? No, thank you!
We want every guest to be able to relax with us and know their privacy respected – therefore the entire pool and sauna area is a camera-free zone.

Phoning & Surfing
For the use of mobile devices, we set up a MediaLounge at SaunaLand – including a free WiFi HotSpot. Simply select the WiFi connection “OTH_Hotspot” on your device and click on “Login” after confirming the terms of use. Outside this lounge, mobile phones, tablets, notebooks, etc. are not permitted in the entire pool and sauna area. E-book readers may only be used in “silent” mode in the relaxation areas and if their camera is covered by our Obermain Therme display cleaner. You can obtain this display cover for a token fee (€ 1.00) at the reception and at VitaRestaurant. No ringing or beeping, no snapping away or flashlights ... isn't that just wonderful? We believe this is good for everyone and therefore we take great care in making sure that everyone keeps with this requirement.

Textile-Free Area
SaunaLand is a textile-free area. Please take off your swimwear as soon as you have passed the entrance to SaunaLand. Please use bath towels or bathing gowns when visiting the food and drink areas at SaunaLand (except PoolBar).

Newly in Love?
We kindly ask you to save any tenderness that seems too intimate for others for your home – so every guest can enjoy their stay at our house without any disturbances.

House & Pool Rules
For a pleasant stay and a good atmosphere: You will find our house and pool rules displayed in the entrance area (porch) and will receive your personal copy at the reception.

Smoking
is permitted only in the areas marked overleaf.



Nice to see you!



YOUR COMPANION FOR YOUR FIRST VISIT

THIS & THAT

Lost Property
We keep lost items for two months. Please ask at the reception desk for any missing item and state the exact date of the loss if possible.

Forgot to Bring Something?
Our swimwear shop in the entrance area offers everything you need for a pleasant stay. Outside the shop's opening hours, please contact our reception staff. You can even rent bath towels and bathing gowns for a fee there.

Electric Vehicle Charging Station
Thermal spa guests are welcome to recharge their electric vehicle free of charge during their stay. For more information, please ask our staff at the reception desk.

Enjoy your time at the sea!

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As of: 1 March 2019,
subject to change
without further notice.

Ground Level

- 1. Changing rooms Umkleiden
- 2. Indoor vital pool (3.5 %, 34°C) Vital-Becken innen
- 3. Outdoor vital pool (3.5 %, 34°C) Vital-Becken außen
- 4. Activity pool (1.5 %, 28°C) Aktiv-Becken
- 5. Salt water pool (12 %, 36°C) Sole-Becken
- 6. Indoor experience pool (3.5 %, 34°C) Erlebnis-Becken innen
- 7. Outdoor experience pool (3.5 %, 34°C) Erlebnis-Becken außen
- 8. Freshwater pool (36°C) Süßwasser-Becken
- 9. Whirlpools (3.5 %, 35-36°C) Whirlpools
- 10. Kneipp pool (3-14°C) Kneipp-Becken
- 11. Salt water graduation house Gradierwerk
- 12. Steam bath (45°C) Dampfbad
- 13. Salt water inhalation Sole-Inhalation
- 14. Panorama relaxation area Ruheraum Panorama
- 15. Spa area PflegeOase PflegeOase
- 16. Pool attendants / first aid Aufsicht/Erste Hilfe
- 17. MeerBar MeerBar
- 18. “rödiger´s Bistro” at the sea “rödiger´s Bistro” am Meer
- 19. Smoking area Raucherzone

Upper Level

- 20. Upper deck relaxation gallery Ruhogalerie Oberdeck
- 21. Soleum relaxation area Ruheraum Soleum
- 22. Spa area Wellnessräume
- 23. Relaxation gallery Ruhogalerie

Ground Level

- 24. Access to SaunaLand Zugang SaunaLand
- 25. Valo pool (60-65°C) Valo-Bad
- 26. Cold water pool Kalttauch-Becken
- 27. Heated foot pool Fußwärmebecken
- 28. Inglenook Kaminecke
- 29. Freshwater pool (36°C) Süßwasser-Becken
- 30. Ruusu sauna (70-75°C) Ruusu-Sauna
- 31. Steam bath (45°C) Dampfbad
- 32. Relaxation pool (26°C) Entspannungs-Becken
- 33. VitaRestaurant VitaRestaurant
- 34. Nurmi sauna (80-85°C) Nurmi-Sauna
- 35. Kivi sauna (80°C) Kivi-Sauna

- 36. Salt water whirlpool (3.5 %, 36°C) Sole-Whirlpool
- 37. Kneipp pool Kneipp-Becken
- 38. Maa sauna (100-105°C) Maa-Sauna
- 39. Ice fountain Eisbrunnen
- 40. Suuri sauna (85-90°C) Suuri-Sauna
- 41. Heated foot pool Fußwärmebecken
- 42. Salt water inhalation Sole-Inhalation
- 43. Salvos relaxation house Ruhehaus Salvos
- 44. Suola sauna (60-65°C) Suola-Sauna
- 45. Heated foot pool Fußwärmebecken
- 46. SaunaBar SaunaBar

- 47. Salt water pool (12 %, 36°C) Sole-Becken
- 48. Kelo sauna (85-90°C) Kelo-Sauna
- 49. Kneipp water-treading pool Kneipp-Strecke
- 50. Banja sauna (90-95°C) Banja-Sauna
- 51. Sauna of Silence (75-80°C) Sauna der Stille
- 52. House of Silence with relaxation area Haus der Stille mit Ruheräumen
- 53. Natural lake Naturbadesee
- 54. Järvi sauna (80-85°C) Järvi-Sauna
- 55. Nauti relaxation house Ruhehaus Nauti
- 56. Smoking area Raucherzone

Upper Level

- 57. Relaxation area Ruheraum
- 58. MediaLounge MediaLounge
- 59. Relaxation area Ruheraum
- 60. Spa area Wellnessräume
- 61. Ayurveda area Ayurveda-Raum
- 62. Relaxation gallery Ruhogalerie
- 63. Spa area Wellnessraum
- 64. Spa waiting area Wartebereich Wellness
- 65. Spa area Wellnessraum
- 66. Access to SaunaLand Zugang SaunaLand

